

Night Hike for Nightjars: *Monday, July 7th at 7:30 PM*
Join us for an evening stroll in search of Long Hunter's mysterious birds of the night. We will discuss the life history of a nightjar and what makes these birds so unique, and why they are referred to by some as "goatsuckers."

*All program participants should meet at the Couchville Cedar Glade parking lot. Please contact the Park Office for directions at (615) 885-2422.

Frog Calling: *Thursday, July 10th at 7 PM*



Join us for an informal talk and an exploratory walk in search of Long Hunter's cold-blooded inhabitants. Learn how to identify frogs and toads by their mating calls.

Friends of Long Hunter Monthly Meeting:

Saturday, July 12th at 10 AM

Join us for the July meeting of the Friends of Long Hunter State Park as we discuss park activities and plan for future events, including possible field trips to nearby state parks and natural areas. Nonmembers are welcome to attend and show their support for the park.

Star Party: *Saturday, July 12th at 8:30 PM*

Join members of the Barnard-Seyfert Astronomical Society for an amazing evening under the stars. View stars, planets, the moon and more through one of several telescopes! Prepare to learn plenty from this group of knowledgeable astronomers.

*Participants please park at the Park Office and walk to Group Camp 1 behind the gate.



Edible & Medicinal Plants: *Tues., July 15th at 10 AM*

Learn the history and uses of many wild plants found at Long Hunter, and even in your backyard! We will also discuss ethical foraging and survival foods.

Friends of Long Hunter Full Moon Night Hike:

Friday, July 18th at 7:30 PM

All are welcome to join The Friends of Long Hunter for a relaxing moonlit stroll around Couchville Lake. Expect to hear a wide variety of wildlife including frogs, owls, whip-poor-wills, and katydids.



Sunset Canoe Float: *Saturday, July 19th at 7:30 PM*

Enjoy the tranquility and beauty of the sunset while canoeing the waters of Couchville Lake. We will also explore the wildlife and unique history of this accidental lake. Equipment and basic canoe instruction will be provided. Ages 6 and above. Reservations begin July 12th.

*Meet at the canoe area in Area 2.



Mammals of TN: *Monday, July 21st at 6 PM*

Tennessee is home to over seventy species of mammals! Learn about the mammals found at Long Hunter and how they all play an important role in the ecosystem.

Sellers Farm Night Hike: *Friday, July 25th at 7:30 PM*

Join us for a short talk on Mississippian period Native American culture, followed by a special tour of the Sellers Farm Archaeological Site. Ages 10 and above.

*All program participants should meet at the Sellers Farm Archeological Site. Please contact the Park Office for directions at (615) 885-2422.

Butterflies and Blazing Star: *Saturday, July 26th at 10AM*

The Blazing Stars are in full bloom, and Long Hunter's wide array of butterflies and moths are flocking in droves to the colorful blooms in our recently restored prairie. Also, learn about the unusual yet special life of a caterpillar and get an up-close look at Tiger Swallowtails, Hummingbird Moths, and other unique insects. Bring binoculars if you have them!

Park Cleanup: *Saturday, July 26th at 4 PM*

Help keep Long Hunter clean and pristine by participating in this litter patrol. Trash bags will be provided. Please bring your own gloves and water.

Amazing Aquatic Invertebrates: *Sun., July 27th at 3 PM*

Many of our favorite insects begin their life in the water. Join us as we discuss the aquatic macroinvertebrate anatomy and life cycle. Learn about these amazing bugs and how they help us understand the water quality of our lakes and streams. Microscopes will be used during instruction. Ages 10 and above.



Early Bird Canoe Float: *Tues., July 29th at 6:30AM*

Enjoy the serenity of Couchville Lake in the morning hours when the wildlife and birds are most active. Equipment and basic canoe instruction will be provided. Reservations begin July 22nd. Ages 6 and above.

*Meet at the canoe area in Area 2.

Family Movie Night: *Thurs., July 31st at 6:30 PM*

Join us for popcorn and a movie as we watch the award-winning documentary "Winged Migration," a film that uses groundbreaking camera techniques to follow migratory birds as they journey from North America to their summer homes in the Arctic. This film is rated G. This event is free and open to everyone, but please call to make reservations.

Cedar Glade Stroll: *Friday, August 1st at 6 PM*



Take a walk through coneflower country and discover what plants are in full bloom. We will also discuss the geology and ecology of one of Middle Tennessee's most unique ecosystems, the Cedar Glade.

"Tree Life" Scavenger Hunt:

Saturday, August 2nd at 10 AM

Have fun discovering how individual trees provide micro-habitats for small creatures by participating in an interactive "Tree Life" scavenger hunt. Put on your hiking boots (and bug spray!) and head out with us to search for plants and animals that rely on trees for their food, escape cover, and shelter. Ages 6-12.

Stories of the Ancient Ones:

Sunday, August 3rd at 5:30 PM

Take a walk back in time at the Sellers Farm Archaeological Site. Mississippian period Native American culture will be discussed while visiting this site.

*All program participants should meet at the Sellers Farm Archeological Site. Please contact the Park Office for directions at (615) 885-2422.



Walden's Puddle: Wildlife Rehabilitation Center

Tuesday, August 5th at 10 AM

Walden's Puddle is a non-profit wildlife rehabilitation and educational facility located in Joelton. Since 1989, they have provided care to sick, injured and orphaned native Tennessee wildlife. Join us as a volunteer from Walden's Puddle brings in some of her animal friends to give us an up-close look at what goes on at a wildlife rehabilitation center and how you can help.

Arboretum tour: *Thursday, August 7th at 6 PM*



Spend an evening strolling through the new Couchville Lake Arboretum and discover what trees are found at Long Hunter. Learn about the many uses and benefits of trees, as well as how to identify trees by their leaves, bark, and fruits.

Friends Meeting: *Saturday, August 9th at 10 AM*

Join us for the August meeting of the Friends of Long Hunter State Park as we discuss park activities and plan for future events, including possible field trips to nearby state parks and natural areas. Nonmembers are welcome to attend and show their support for the park.

Preschool Story Time - The Nature Circle:

Monday, August 11th at 9AM

"The Nature Circle" is an interactive group made up of nature-themed stories, puppets, songs, and crafts for ages 3-5. Children are encouraged to bring an item (examples: favorite book, stuffed animal, or photograph) to The Nature Circle that relates to each week's theme. Join us each Monday morning as we develop and nurture our love of nature. This week's theme: rabbits

Moonlight Canoe Float: *Friday, August 15th at 8 PM*

Unwind from a stressful week while enjoying the beauty and serenity that Couchville Lake has to offer. Reservations begin August 8th. Ages 6 and above.

*Meet at the canoe area in Area 2.

Preschool Story Time - The Nature Circle:

Monday, August 18th at 9AM

"The Nature Circle" is an interactive group made up of nature-themed stories, puppets, songs, and crafts for ages 3-5. Children are encouraged to bring an item (examples: favorite book, stuffed animal, or photograph) to The Nature Circle that relates to each week's theme. Join us each Monday morning as we develop and nurture our love of nature.

This week's theme: turtles



Preschool Story Time - The Nature Circle:

Monday, August 25th at 9AM

"The Nature Circle" is an interactive group made up of nature-themed stories, puppets, songs, and crafts for ages 3-5. Children are encouraged to bring an item (examples: favorite book, stuffed animal, or photograph) to The Nature Circle that relates to each week's theme. Join us each Monday morning as we develop and nurture our love of nature. This week's theme: raindrops

Please Note That....

All programs leave from park office unless otherwise noted.

Programs are for all ages unless age specifications are listed.

Walks and field programs are on fairly level terrain; however, please wear good walking shoes.

All programs are free to the public.

Programs will be conducted by Seasonal Ranger Tyler.

Please contact the park office at (615) 885-2422 for additional information, directions, or to make reservations.

Reservations for canoe floats begin one week prior to float date.

We look forward to seeing you at the summer programs!



**Long Hunter State Park
Program Schedule
~Summer 2008~
July/August**



**Long Hunter State Park
2910 Hobson Pike
Hermitage, TN 37076
(615) 885-2422**